

What is it?

'Make it Happen' is an inspiring and action orientated one day workshop which focuses on empowering individuals to get clarity about what they really want and how they can achieve it. Using a range of tools to help participants create a clear and compelling outcome they explore any perceived blocks, to reveal the practical steps to make it happen.

Who is it for?

This course is for individuals who desire clarity and courage because they are:

- Facing change
- Feeling 'stuck'
- Seeking to fulfill their potential

Content Covered

Through individual exercises and group discussion, participants learn and practice techniques to clarify:

- What their desired outcome is
- Why they want it and what it will get for them
- Steps that will achieve their outcome
- What's getting in the way, and how to break through

Along the way the participants are guided to summons the courage, passion and energy to achieve sustainable momentum towards their outcome, themselves.

Learning outcomes

At the end of the course participants will have:

- Explored, clarified and energised their outcome
- Identified what has been getting in the way and understood how to breakthrough
- Created a map to achieve their outcome

How it is delivered

With your organisation:

- One day course for up to 10 participants

With individuals:

- One day public courses available – check our website for dates and locations
- Individual one to one sessions by private arrangement

Pre-work: each participant to bring a desired outcome to the course

