

## What is it?

A 2½ hour one to one discovery session to create a personal map for career transformation based on personal values. Aligning career choices with personal values is a powerful key for unlocking individual energy, drive and natural talent.

Two weeks prior to the session individuals complete a confidential online Values Assessment where they are asked to select their choice of 10 values (from over 100) from three perspectives:

- Their personal values
- The values currently represented in their work environment
- The values they would like represented in their work environment

Taking these three perspectives together provides the individual with profound insight into why they experience their current working environment as they do, and how they can transform it.

## Who is it for?

Individuals who are seeking to transform the way they experience their working life. The new insight can guide the individual in a number of ways:

- **In role** - focus on making behavioural shifts to demonstrate their personal values in a more authentic way
- **Identifying new roles / organisations:** - focus on identifying opportunities which best allow the individual to align their career with their personal values, beliefs and behaviours

## Content Covered

- Thorough exploration of Individual Values Assessment results
- Creating a personal map for transformation

## Learning outcomes

- Understand how personal values drive beliefs and behaviours
- Understand why some aspects of the working environment 'feel good' and others may not
- Understand the key aspects that would transform this experience

## How it is delivered

Individual Values Assessments are available as standalone sessions or as part of our other programmes (e.g. Transformational Coaching; Business Partnering; Transforming Teams)

- With your organisation
- Individual arrangement
- Specialist sessions *available for and delivered by* Finance / IT / HR professionals

